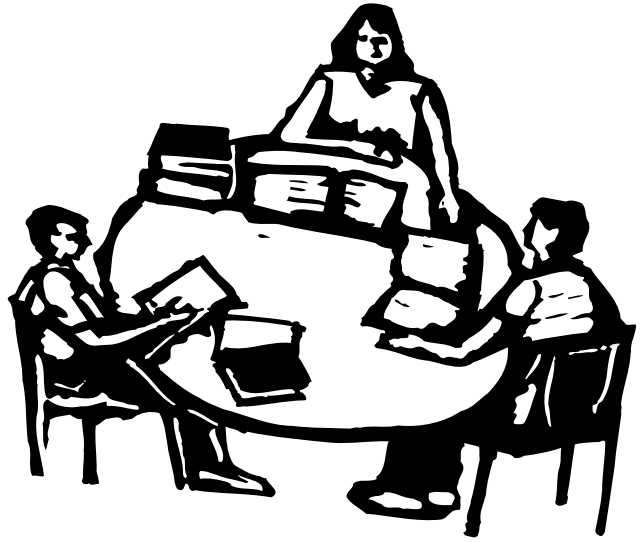


TIPS TO SHARE AT YOUR WORK



Family life affects work life and work life affects family life. Family friendly organizations are making a case for greater productivity and higher employee morale. Here are a few ways both individuals and organizations can support children and their families.

As an individual:

- Offer a listening ear to a parent who may be experiencing difficulties with their child. Remember to keep their trust by not sharing what is told to you in confidence.
- Join a committee to select a children's issue for your company to support.
- Form a parenting support group that meets over the lunch hour.
- Look for employment with family-friendly work places.
- Let your employers know what they are doing right. Let them know which policies and practices support your family life.
- Compliment parents on their patience, foresight, compassion—any quality that stands out. Parents rarely hear that they are doing a good job.

- If you are a trusted adult, arrange to spend time with a co-worker's child.
- Call 1-800-CHILDREN for parenting tips to share with co-workers.

As an organization:

- Reward the outstanding accomplishments of children whose parents work in your organization.
- Adopt a community or school to which members from your organization provide tutoring or other support.
- Conduct organizational family-friendly assessments on a regular basis.

