

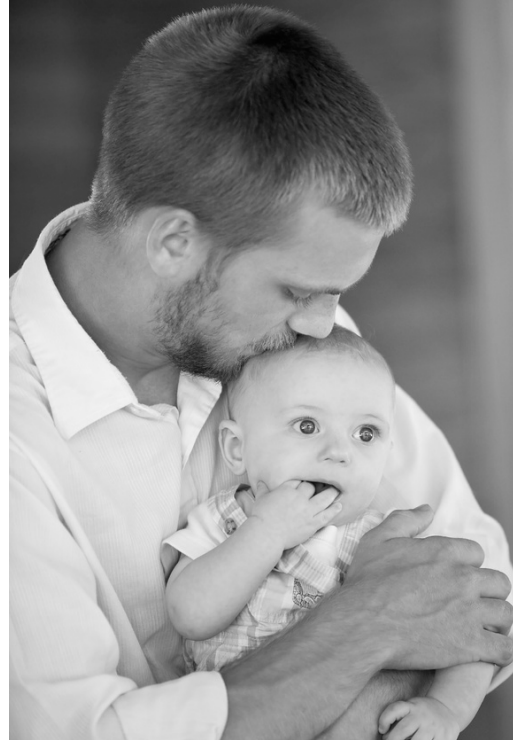
# **NURTURING YOUR YOUNG CHILD**

## **BIRTH TO AGE 3**

Babies and young children need lots of care and attention, from feedings and diaper changes, to help with learning to walk and close monitoring to keep safe.

You can provide these things, and more, by giving your infant or toddler what he needs most – YOU.

These special years will fly by! Spend time with your child forming a close bond and helping her develop into a smart, healthy and happy child.



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**CUDDLE OFTEN.**

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**READ ALOUD OR SHARE PICTURES FROM A BOOK,  
EVERY DAY, IF POSSIBLE.**

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**PLAY TOGETHER REGULARLY.**

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**USE PROPER ENGLISH SO YOUR BABY LEARNS  
TO FORM WORDS PROPERLY, INSTEAD OF SPEAKING  
IN “BABY TALK.”**

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**POINT OUT WORDS AND OBJECTS WHILE RUNNING  
ERRANDS OR TRAVELING A FAMILIAR ROUTE, SO YOUR  
CHILD LEARNS TO STUDY HIS SURROUNDINGS.**

