

2013 Packet Contents

LEFT SIDE

1. Packet Contents – Read Me First!
2. Letter from Robert H. Dugger, Ph.D., financial economist and managing partner, Hanover Investment Group – Honorary Chairman of Child Abuse Prevention Month
3. Survey
4. Fact Sheet – Child Abuse in Virginia
5. Moments in Virginia
6. Proclamation
7. Sample Media Release
8. Blue Ribbon Campaign History/
Blue Ribbon Campaign
9. Plan a Pinwheels for Prevention Project
10. Children’s Prevention Month Activity

RIGHT SIDE

1. Poster – *Insure Their Future: Invest in Children.*

SOCIAL AND EMOTIONAL WELL-BEING

2. Tips to Promote Social/Emotional Health in Young Children
3. Your Touch Matters
4. Protective Factors in Children and Families
5. Distracted Parents *(side 1)* Helicopter Parents *(side 2)*
6. Create a Bully-Free Home
7. Adverse Childhood Experiences – The Lingering Effects
8. The Power of Dads
9. Angry Children/Angry Parents
10. Domestic Violence Hurts Your Child

HEALTH AND SAFETY

11. Babies Are Fragile *(side 1)* When Baby Constantly Cries *(side 2)*
12. Protect Your Camper from Sexual Abuse
13. Cyberbullying: Prevention and Action Steps
14. Preventing Sudden Infant Death
15. Investing in Nutrition: Breakfast, Protein and School Performance
16. Look Before You Lock

ENCOURAGEMENT AND NURTURING

17. How Well Do You Know Your Child? *(side 1)*
Investing Time in Your Child *(side 2)*
18. 100 Ways to Praise Your Child from A to Z
19. Finding a Work-Family Balance

PREVENTING ABUSE, IMPLEMENTING SOLUTIONS

20. Stewards of Children:
Child Sexual Abuse Prevention Program
21. 800-CHILDREN Business Cards
22. Investing in Communities: Paying It Forward by
Donating Your Time, Talent and Resources
23. Parental Involvement – The Key
to Your Organization’s Success
24. Protecting Children With Special Needs from Abuse

Child Abuse Prevention Month April 2013

Read Me First!

We’ve all heard the saying that every person is unique. It’s true — even for children. While environment can play a big part in how a child develops, research shows that babies come wired with their own personalities and temperaments. They are distinct individuals who crave love and acceptance. Our job as parents and caring adults is to celebrate them and help them use their gifts and talents, and the special interests they develop, to become healthy and happy young people, who grow into healthy and productive adults.

This year’s prevention theme is **“Insure Their Future: Invest in Children.”** It highlights the fact that every child should be valued. The 2013 packet is filled with resources that can help parents and caregivers as they nurture, communicate with and support the children and youth they are raising.

How to Use the Packet

Use the packet as you organize your observance of Child Abuse Prevention Month 2013. The parenting tips, child development information and other flyers included can be duplicated or reprinted. There is also a sample press release and a Proclamation for your use. Feel free to customize the packet materials by adding information about your local program or inserting the name of your group.

Find Prevention Information on the Web

You can find the latest statistics and other prevention information on the Virginia Department of Social Services web site: www.dss.virginia.gov

You may also download this entire packet from the Prevent Child Abuse Virginia web site, at www.pcav.org or on the Virginia Department of Social Services web site listed above.

Don’t Forget to Fill Out your Survey ~ in Print or Online!

Completing the survey in the left side of this packet is very important. We use your responses to plan for next year’s packet. You may mail, fax or scan the printed survey or visit this web address to take the survey online:

<http://pcav.org/survey-2013-prevent-child-abuse-prevention-month/>

We appreciate receiving copies of the materials you produce and distribute during Prevention Month and clippings from your local newspaper.



2013 Virginia Coalition for Child Abuse Prevention
No permission is needed to duplicate this page for educational purposes.