

2013-2014 Healthy Families Virginia Annual Report



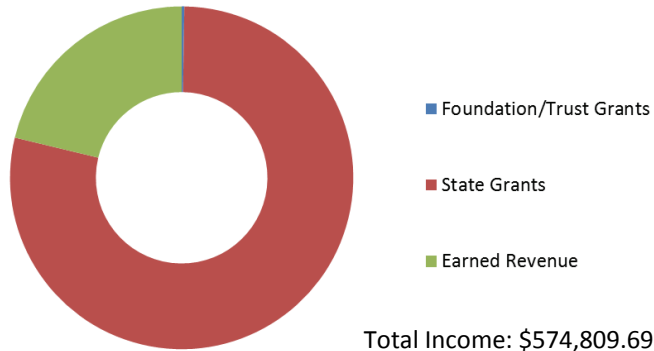
**healthy
families
america®**

a program of Prevent Child Abuse America



Healthy Families Virginia is a statewide system of support for prenatal and young families with children up to age 5. It includes 32 local sites that serve families in 75 communities, using the Healthy Families America home visiting model. The program includes connecting families with a variety of services that fill a variety of parenting needs – and for the most overburdened families – a free-of-charge home visitor who assists the family before the child is born until he/she enters school. The program has been proven to optimize child health and development, school readiness, family self-sufficiency and reduce the incidence of child abuse and neglect. As the Central Administration for Healthy Families Virginia, PCAV provides technical assistance, quality assurance oversight, staff training, advocacy for funding, and coordination of the evaluation.

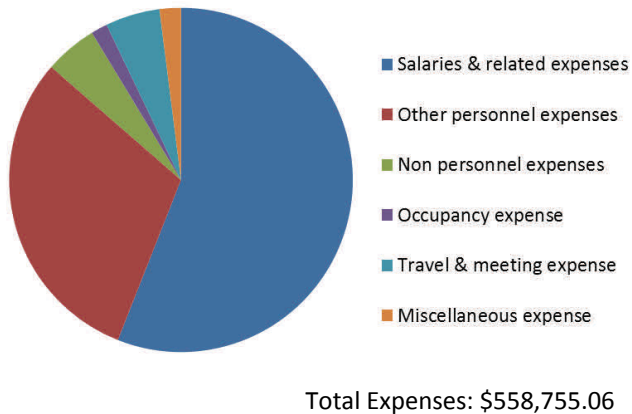
Income



Healthy Families VA Success Stories:

One mother was living on the street when she came into the Healthy Families program, and her boyfriend and father of the children has been incarcerated for various periods over the last 17 years. This mother has taken job-training classes and now is a Health Ambassador with Children’s Hospital of the Kings Daughters and Eastern Virginia Medical School. This Mother has housing and her child is enrolled in a preschool program for a speech delay. Without Healthy Families I do not know what would have happened to this family! This mother is now contributing to society. She was able to keep her children and not have them put into foster care.

Expense



Since being in Healthy Families, LA has given birth to a healthy baby girl. LA receives assistance from Healthy Families in parenting, bonding activities, learning activities, and with pursuing her dreams and goals. LA enjoys the information shared with her by her Family Support Worker. Healthy Families has assisted LA with reaching a very important goal, which was to return to school and make sure her daughter is healthy. LA is now in school and is scheduled to graduate this year. Healthy Families has assisted LA in achieving her goals of becoming an effective parent and doing something with her life.

“When families work, everything else works better.”

Healthy Families Virginia is successfully breaking the cycle of child abuse and neglect among participating families. Services are improving maternal and child health and development.

In 2012-2013, **6,907 families were screened** for parenting risk factors, either prenatally or at the time of birth. **5,288 of those families were found to have at least two risk factors** and 2,141 received assessments to determine the level of risk and whether they would benefit from home visiting services. **88% were offered home visiting services** and 88% of them accepted services. They joined **2,000 other families who had been participating for 1-4 years.**

Healthy Families Virginia programs share a common vision and a common set of goals. The Healthy Families America model recommend that all programs document intended changes using a common set of outcome domains.

The four established domains in which programs outcomes are measured are:

- * Achieve positive pregnancy outcomes and maternal and child health outcomes
- * Promote optimal child development by screening for suspected delays, referring children for developmental evaluation, and monitoring participation in treatment programs for children with identified delays
 - * Promote positive parent-child interaction and stimulate home environments that support child development
 - * Prevent child abuse and neglect

“Change the first 5 years and you change everything.”

Positive Pregnancy, Maternal Child Health Outcomes:

Prenatal care Completion
for Prenatally Enrolled
Mothers

•86.4% received 100% of Expected Prenatal Care Visits

Birth Weight

•91.3% of prenatally enrolled mothers had babies weighing more than 2500 grams (normal)

Connection of Target
Children to Medical Care
Providers

•93.2% had providers within 2 months of birth

Continuation of Children
with Medical Care Providers

•95% of enrolled children continued with healthcare providers

Immunizations

•93% of participating children completed 100% of immunizations on schedule

Maternal Health

•97% of teen mothers & 96% of one-teen mothers had an interval of at least 24 months between the target child's birth and subsequent births

Positive Pregnancy, Maternal Child Health Outcomes:

Continued:

Child Development

- 92% of all children were screened at appropriate intervals for developmental delays
- 99% of children with suspected delays were referred for further developmental assessment
- 99.2% of those children received appropriate developmental services

Parenting and the Home Environment

- 98% of participating families had home environments to support child development that were within normal limits

Child Abuse and Neglect

- 99.3% of all participating families had NO founded cases of child abuse or neglect



The role of **Healthy Families Virginia** is to support the provision of high quality services to our most vulnerable families through the coordination and provision of

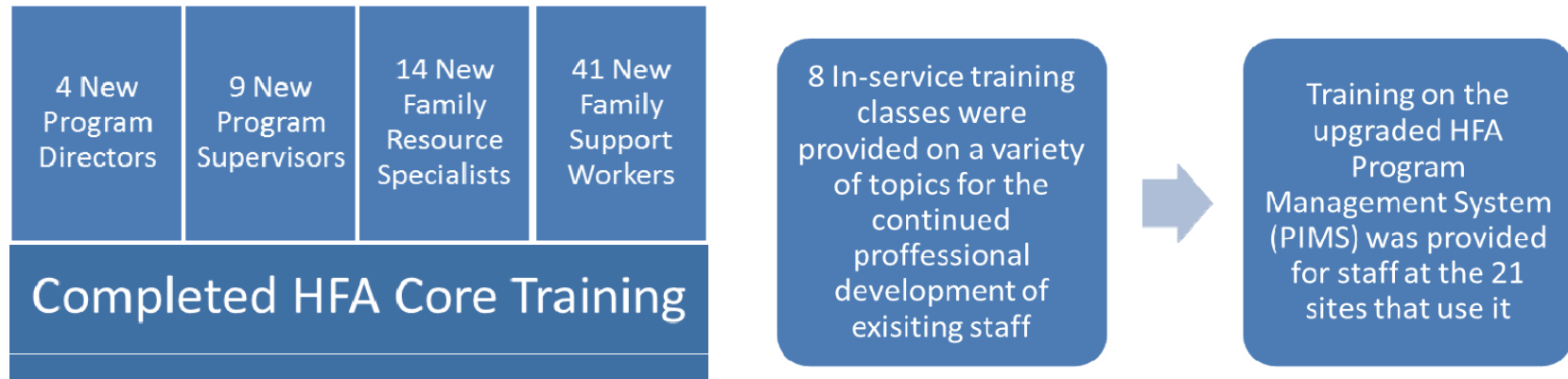
•**Staff Training** •**Technical Assistance** •**Continuous Quality Improvement** •**Program Evaluation** •**Advocacy Leadership**

for all local sites within the HFV State System.

•**HFV Acting Director** •**Training/Parent Education Coordinator** •**3 Technical Assistance/Quality Assurance Specialists** •**2 Program Evaluators**

provided a variety for the 32 Healthy Family Sites.

Staff Training



Technical Assistance



Continuous Quality Improvement

A 2-3 day site visit was conducted with each of 32 sites to review best practice standards

Reports were created based on observations with families including strengths, areas for improvement and recommendations

Preparations for HFA Accreditation in 2015 began with monthly regional meetings for Program Directors and Supervisors to review policies and procedures.

Evaluation

Data from the 21 sites using PIMS and the 11 sites using other data collection systems was sent to the Program Evaluators at the College of William & Mary and Huntington & Associates Ltd.

The data was analyzed, based on the common Goals and Objectives established by HFV. Each site received a Report Card. In addition, an aggregated State Report and Executive Summary were prepared for Healthy Families Virginia, The Virginia General Assembly, and the Virginia Department of Social Services.

Advocacy

Prevent Child Abuse Virginia/Healthy Families Virginia and the HFV Advisory Council members, in partnership with the HFV site network, educated public policy makers about the efficacy of Healthy Families in reducing poor outcomes for children through e-mails, letters and personal visits with their legislators at home and at the General Assembly. The goal of restoring a portion of reduced funding to support this successful program was realized with the appropriation of an additional \$500,000 to be shared among the sites.